

2010 GRANT & STONE WYCOMBE 10K

(part of the Handy Cross Runners series of races
for further information on the series go to www.handycrossrunners.co.uk)



SUNDAY 18th JULY 2010 at 9.30 a.m.

(Permit Number ARC 10/29)



Medal, t-shirt and goody bag for every finisher

Entry fees

Prizes

- ❖ Age Category Winners
- ❖ Team Category Winners

No finisher will be eligible to win more than one prize

The course is not considered suitable for wheelchair competitors.

- ❖ £11 unattached runners
- ❖ £9 for members of clubs affiliated to either UK Athletics or ARC)
- ❖ £15 on the day

NO TEAM ENTRIES ACCEPTED ON THE DAY

The race is electronically timed to give accurate finish times for all runners

Cheques made payable to "Wycombe Half Marathon"

Entries to : The Entries Secretary, 2 Lines Road, Lane End, High Wycombe, Bucks, HP14 3LH

Applications will not be acknowledged, for confirmation of receipt contact your bank for cheque clearance

Race numbers are scheduled for despatch during the week commencing 28th June 2010. The closing date for entries is 5th July 2010 or earlier if limit is reached, but the right is reserved to extend the date if needed. If entries are accepted after 13th July the numbers should be collected from the Information Tent on race day.

All proceeds, less race costs, to be donated to the Iain Rennie Hospice at Home and to the Robs Arttt charities

Surname _____	First Name _____
Address _____ _____ _____	Male/Female _____ Date of birth _____ Tel no. (inc. STD) _____
Post Code _____	Entry fee £ ____ email _____

TEAMS (4 runners to score)

UK ATHLETICS / ARC AFFILIATED CLUB NAME

COMPANY TEAM NAME

SOCIAL CLUB TEAM NAME

DECLARATION

I hereby declare that on 18th July 2010 I will be over 17 years of age and an amateur as defined by UK Athletics Rules. I certify that I will only participate if medically fit to do so. I hereby agree that the organisers or sponsors shall not be liable for any accidents, injuries, loss or damage incurred as a result of my participation in the event. I understand that my entry is subject to the organiser's discretion and that after acceptance and in the event of cancellation the entry fee is not refundable.

Signed:

Date:.....

RACE SPONSORED BY



0845 8 150 150

www.grantandstone.co.uk