

# Grant & Stone Marlow 5



**SUNDAY 13th MAY 2018: 9.30 AM**

**HIGGINSON PARK, MARLOW, BUCKS**

(UKA Licence number 2018 - 30036)



INCORPORATING BERKSHIRE COUNTY AA 5 MILE CHAMPIONSHIP 2018

<http://www.berkshireathletics.org.uk/>

A chip timed race, giving both net & gun times for all finishers, staged over an accurately measured fast & flat 5-mile course, which is well marshalled & ideal for beginners or a personal best. This race is extremely popular & well established in the road racing calendar.

**RACE NUMBERS MUST BE COLLECTED FROM THE INFORMATION TENT ON RACE DAY.**

Prizes for various categories as well as team prizes (4 to score)

*All finishers will receive a Commemorative Medal, a T Shirt & probably the best 5-mile goody bag in the country!!*

Full results will be available at [www.handycrossrunners.co.uk](http://www.handycrossrunners.co.uk) as soon as possible after the race

Entry Fees:	On the Day
Non Affiliated £18	Non Affiliated £25
*Affiliated £16	*Affiliated £25

Minimum Age to Run: 15 Years

Entry Limit: 2000 - Closing Date for postal entries: 9th May 2018

Cheques should be made payable to **Handy Cross Runners** and sent with your entry form to:-

Handy Cross Runners, c/o 2 Lines Road, Lane End, High Wycombe, Bucks, HP14 3LH

Alternatively enter online via Race Timing Solutions, Sports Systems or Run Britain

**Applications will not be acknowledged.**

For confirmation of entry go to <https://app.lap.io/event/2018-grant-stone-marlow-5/starters> - all enquiries to [entries@handycrossrunners.co.uk](mailto:entries@handycrossrunners.co.uk)

You can also keep up to date with the race on Facebook. The page address is [www.facebook.com/Themarlow5](http://www.facebook.com/Themarlow5)

**Proceeds from the race, less race costs, will be donated to Butterfly House -The South Bucks Community Hospice**

FIRST NAME \_\_\_\_\_ SURNAME \_\_\_\_\_  
DOB: \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_ SEX: \_\_\_\_\_ M / F  
ADDRESS: \_\_\_\_\_  
POSTCODE \_\_\_\_\_ PHONE: \_\_\_\_\_  
EMAIL: \_\_\_\_\_

\*If paying the affiliated fee please enter your UK Athletics URN: \_\_\_\_\_

Company Team Name: \_\_\_\_\_

Social Club Team Name: \_\_\_\_\_

I declare that on the 13th May 2018 I will be over 15 years of age and that I am an amateur as defined by UK Athletics rules and accept that neither the organisers nor the sponsors shall be liable for any accidents, injury, loss or damage whatsoever as a result of my participation in the Grant & Stone Marlow 5. I certify that I will only participate if medically fit to do so. I understand that my entry is subject to the organiser's discretion and that after acceptance and in the event of cancellation the entry fee is not refundable. I agree not to wear headphones whilst participating in the race.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**Data Protection Act 1998:** By signing this form I agree to my personal details, submitted with this entry form, being held on a computer for four years for all purposes relating to this event & to other events organised by Handy Cross Runners.

RACE SPONSORED BY

# Grant & Stone